

Leeway Overlee Civic Association
Minutes of General Membership Meeting
Tues., April 22, 2014, at Westover Library (Conference Room)

1. Agenda: Civic Association (CA) President Kim Klingler called the meeting to order and reviewed the draft agenda:

1.) Welcome & Introductions	7:30 to 7:35pm
2.) Approval of Minutes	7:35 to 7:40pm
3.) Treasurer's Report	7:40 to 7:45pm
4.) Potomac Overlook Initiative	7:45 to 7:55pm
5.) Rivendell MOA & Use Permit	7:55 to 8:00pm
6.) Aging in Place Program	8:00 to 8:45pm
7.) Announcements & Updates	8:45 to 8:55pm

The agenda was approved, on motion by Rob Swennes and seconded by Chips Johnson, with the modification that Announcements & Updates were moved up to be covered following approval of the minutes and the Treasurer's Report. The Treasurer reported a current balance of \$2,093.08 in the civic association's accounts. The Secretary then summarized the Minutes, and the Treasurer delivered her report; both were accepted without changes.

2. Building and Neighborhood Conservation Projects: Concerning Hickory Hill, the property on Lee Highway, Neighborhood Conservation representative Rob Swennes noted that the CA was keeping tabs on this; however, the development was by right, so no CA action was expected. Concerning 6046 N. 23rd St., on the Greenway, the property is being re-developed by Suburban Builders, but had not yet received County approval, with water issues still pending resolution. Turning to Neighborhood Conservation projects, installation of a sidewalk on N. 24th St., from N. Illinois to N. Kensington, remains Leeway Overlee's first priority project.

3. Lee Highway Re-development: Ms. Klingler advised that discussion of Lee Highway re-development among relevant Civic Associations was ongoing. The next meeting was planned at Langston Brown School, with County Board member Libby Garvey attending; all were invited to attend. Ms. Klingler announced that election for Leeway Overlee CA and Civic Federation officers was upcoming, at the next meeting, and welcomed nominations and volunteers, especially as Civic Federation delegates and alternates.

4. Announcements: Civic Federation delegate Ed Robinson announced that Northern Virginia Community College (NOVA) was running a series of open lectures; for example, NOVA had a speaker this Friday afternoon at 1:30 which might be of interest. Rob Swennes announced that our CA Webmaster, Jim Mountain, is moving outside the CA, and needs to be replaced; the CA would really welcome anyone who has any skill in this area.

Potomac Overlook Regional Park

5. Concerning the Potomac Overlook Regional Park initiative, Bill Richardson, Secretary of the Donaldson Run Civic Association (immediately adjacent to the park; see <http://www.drca.org/>), noted that the CA was drafting a letter to Jay Fisette, County Board chair, urging the Board to set

a precedent so that Potomac Overlook Regional Park will not be used for commercial purposes. Potomac Overlook is part of the Northern Virginia Regional Park Authority, NVRPA (see http://www.nvrpa.org/park/main_site/content/geographical_search). NVRPA had proposed a zip-line and other high-impact activities. Steve, a representative of the Potomac Overlook Preservation Assn., noted its goal is to preserve it as wilderness and educational preserve. Five other CAs-- Cherrydale, Williamsburg, Yorktown, Mayfair, and Waverly Hills-- also had asked the Country Board to send a letter to the Regional Park Authority asking that it not to request/propose any other proposals inconsistent with the mission as stated in the original park mission.

6. Q&A: Members then asked questions. What changes would be acceptable? The Potomac Overlook Preservation Assn. representative replied that he understood that the Park Authority would like to increase use of the park. Arlington Public Schools (APS) do already bring school groups, mostly from Taylor Elementary. The Park Authority could do more with APS. The Nature Center has birthday parties, which generate revenue. Potomac Overlook's concern is that the Park Authority is trying to construct high impact facilities; the Association is only opposing changes incompatible with the Park's mission. The Park Authority wanted to double the size of the paved parking lot. It wanted to build a treetop canopy center and trail, a much larger music center, a bus stop for the concert/band shell, and an urban garden that would mean cutting down two acres of trees. Bill of the Donaldson Run CA noted that the park's head had already put in new programs to increase use. Another question was: is parking and access a constraint? Steve said that it probably was at times, since the parking lots sometimes get filled up, for example by folks using the tennis courts there.

7. Letter of Support: Discussing whether Leeway Overlee might support, Steve noted that the first letter of support was from the Donaldson Run CA, which had asked the Park Authority to withdraw all proposals, and had attached 35 individual e-mails from members. Civic Federation Delegate Ed Robinson offered a motion to support the request from the Potomac Overlook Preservation Assn. It was specified that this essentially meant for Leeway Overlee to be a signatory to the letter requesting no development inconsistent with the Park's mission. The motion was duly seconded and voted on, with all 33 votes in favor.

Arlington Neighborhood Villages Association (ANVA)

8. Ms. Klingler then introduced the first of two speakers, Carol Paquette, Arlington Neighborhood Villages Assn., who spoke on the theme "Making Arlington Your Home for a Lifetime." With Arlington Neighborhood Villages Assn. (ANVA), local residents can be a member or volunteer. A village is an organization of "neighbors helping neighbors." Neighborhood villages started in 2001, the first in Beacon Hill (Boston). Now, there are 120 + around the country, connected through a peer organization, that is, a village-to-village network.

9. ANVA Concept: ANVA provides support services and social, cultural, & educational activities. ANVA is county-wide network of local villages with a common business office, provides economies of scale with tailoring of services to local neighborhood needs, while providing a county-wide network, economies of scale, avoids duplication of effort, flexible neighborhood model, some associated with CAs, one church, Fairlington Village, any organization or group of citizens can form a village. Paxton Baker was introduced; he is part of planning team.

10. ANVA Services: ANVA began operation April 7. Any resident of Arlington County, 55 or older can join, using its online membership application. ANVA is a fee-based organization, offering social events and programs, a “55+” program pass, and includes a subscription to Washington Consumers’ Checkbook magazine. Examples of ANVA volunteer services include light home maintenance, errands & households chores, technology assistance, transport, daily check-in contact for people living alone, medical assistance (accompanying members to medical appointments), and referrals to County agencies and other non-profit service providers. ANVA currently has 70 volunteers. Many services are provided by County agencies. The service delivery process starts with a phone call or e-mail for a service request; ANVA then matches it with a village volunteer.

11. ANVA Volunteers: ANVA volunteers have ID cards, are required to report back to ANVA’s office after completing their service, and ANVA makes a follow-up call, to ensure the service is completed. Full membership is \$500/year for an individual, plus \$250 for each additional household member; Associate membership is also \$500/individual or household. Financial assistance may be available for those in need. Anyone can apply to be an ANVA volunteer; volunteering is open to all ages, including e.g. Scout troops. Members can also be volunteers, and 60-70% do volunteer. ANVA does vet volunteers for any criminal and driving record. All volunteers are trained and insured; standards including no smoking on the job. ANVA has an agreement with Washington Hospital Center, which provides training. Those interested should apply online.

Arlington County Services for the Aging

12. The next speaker was Randy Feliciano, who spoke for Arlington’s Agency on Aging¹, which serves those 60 or older and homebound individuals. The agency’s main number, to request services for older adults or the homebound, is 703-228-1734. The Director of the Agency on Aging is Maimoona N. Bah-Duckenfield, LCSW; she succeeded long-time Director Terri Lynch on December 1. The agency has a brochure that describes the services they provide [this was distributed]. The agency has caseworkers, social workers, program managers, and nurses; they serve as the “front door” for any services for older adults. The three most common ones are:

¹ Officially, the Agency for Aging and Disability Services, part of the Department of Human Services 2100 Washington Blvd., 4th Floor, Arlington, VA 22204 | [Map](#); Tel: [703-228-1700](tel:703-228-1700) (8 a.m. – 5 p.m.).

transportation; education on nursing homes or assisted living; mortgages- real estate tax relief program. Another issue they handle is folks worried about older neighbors, for example, those who may be hoarding. Some cases require adult protective services, e.g. to deal with situations where people can't even get in the door because of hoarded items. Other examples of needs to which they respond include assistance with apartment rentals or getting to doctors' appointments. The Agency has a customer service center, so that those coming in can see a social worker. If persons are being exploited in any way, they have a social worker assigned to them. They can also have help from volunteers, who serve as advocates, e.g. to help apply for Medicare benefits, or to help with a move to a long-term care facility, or address issues such as (risks of) falling. They also offer enrollment in the Virginia Insurance Counseling and Assistance Program (VICAP), Medicare part 3 (the prescription drug program), and the Arlington Guardianship Program. This is for individuals who become incapacitated, but have no family member to support them. The program has individuals to serve as guardians or conservators, even representative payees and attorneys-in-fact.

13. The agency's biggest component is disability services for clients with intellectual developmental disorders; this includes children born with Asperger's syndrome, autism, etc. To gain access to services, the agency has different criteria, e.g. for the "super senior" taxi, you just have to be 70 or older, or you can get "star transportation" if you're disabled by a work related injury. Most of their clients are indigent; some face homelessness. The agency also operates an adult day care center for individuals with early signs of dementia, with a nurse on-site; it is open 7:30 a.m. to 5:30 p.m., located on Walter Reed Drive, at S. 16th St. Mr. Feliciano referred those interested to see the Agency on Aging section on the Arlington County website, www.arlingtonva.us/aging. He also suggested, for more information, reviewing the blue booklet he had circulated and the pink card with most frequently called numbers in Arlington County, or getting additional materials at Central Library.

Questions and Answers on Aging in Arlington

14. The floor was opened for questions. Asked about the Agency's relation to ANVA, Mr. Feliciano said that ANVA can make referrals to the Arlington County Agency for Aging, if the situation requires more than volunteer attention. ANVA can direct people to the right program. ANVA also works with Arlington's Department of Parks & Recreation senior programs. The Agency on Aging provides advocacy for the needs of older adults. Jenni Michener asked whether, before a person has any trouble, the County had advice to prepare for aging? Mr. Feliciano said that everyone should be sure to have provided a power of attorney [to a trusted relative or friend], an advance directive regarding medical care, and the like. Asked further about actual house features and home safety, he said that the Agency has a woman, Mary Lee Bird, who has expertise on that; she is certified on aging in place. Meanwhile, ANVA is offering a class by a home inspection engineer, to review maintenance issues; ANVA partners with Rebuilding Together, a non-profit with a local (NoVa) affiliate, and Habitat for Humanity, to do assessments, e.g. for possible needs such as a ramp, door handles, and has some funds to make

those repairs/adjustments. ANVA can refer you to them. Rebuilding Together also provides referrals, and AARP also provides information to its members on retro-fitting.

15. A resident who had previously lived in Burlington Vt. noted that Burlington had an organization of this type in their building (as opposed to for private homes), and asked for comment to compare neighborhood villages to living in a condo; she also asked whether volunteers had access to the services or have to pay; and third, concerning visiting nurses, whether that service is organized by the county? Ms. Paquette replied that, concerning multi-family buildings, or high-rises, ANVA is forming neighborhood villages for high-rises. ANVA recognizes there are different needs for different housing arrangements. They have found there are some needs even in condos. ANVA has talked with Fairlington Villages, a large condominium community in south Arlington, regarding a different range of services; services are geared to whatever you need. Volunteers do get to participate in some educational programs, but not other services. Mr. Feliciano added that often they may find help for people who can't get around the house. The agency has a companion registry for those who can pay for companions. There is a Universal Assessment Instrument for those on Medicaid. The agency also has a nursing case management program, for those 60 and older. Another question was whether a long-term care policy would apply. He said that depends on terms of the policy. Ms. Paquette noted that ANVA is putting together a workshop on the continuum of care options, an informational program to describe the options. Arlington residents can also use Fairfax County's Home Care Registry. Another question was whether, for neighborhood villages, you have to join a local group? Ms. Paquette said interested persons should just contact ANVA's central office, since groups are still in formation.

16. Other questions were:

-- What about handyman services? Ms. Paquette said they provide referrals through Washington Consumers' Checkbook. ANVA would be setting up certification system within next 12 months. Brian Pandya suggested the CA list serve can also be source of info.

-- Does ANVA offer a list of services? Ms. Paquette said yes, that is on its website, have list of types of services, but generally just call the office and we can tell you.

-- Is there exchange of services among villages? For example, could a Leeway Overlee resident go to Ballston Village? Ms. Paquette said yes, they do have an organizer, they understand the need for offering services to contiguous areas. ANVA has a group for the West end of Arlington down to Route 50. Leeway Overlee residents might be able to use that too. The point of contact is Paxton Baker, paxtonbaker@arlnvil.org, 703-509-8057, or cell phone: 703-402-0224.

17. Before closing the meeting, Ms. Klingler offered reminders that Leeway Overlee's annual yard sale was scheduled for June 7. She also encouraged members to join the CA leadership team; those interested could call Chips Johnson (703) 532-5831 or her at (703) 489-7408 or Contactkimk@gmail.com. The meeting then concluded at 9 p.m.

Submitted by: Ladd Connell, Secretary